

STANLEY ALUMNI ASSOCIATION

*Invites you to the
Launch of*

STANHELPDOC



Chief Guest

Dr. SENTHAMIL PARI

President Elect IMA



Guest of Honour

Prof. Dr. CMK REDDY

President,
TN Med Practitioners' Association

Monday

July

11th

Two Thousand
Twenty Two

4.00 pm

Venue

**IMA PPLS Guest House Conference Hall
JVL Plaza (2 nd Floor)**

625/501, Anna Salai, Sathiyamourthy Nagar, Teynampet, Chennai

TASK FORCE



Dr. M.S. KARIMUDDIN

International Advisor - STANHELPCDOC



PROF. Dr. SELVAM

TASK FORCE CHAIR



CAPT. Dr. G. RAGHAVELU

PRESIDENT - SAA



Dr. DP PRAKASH

Hony. Gen. Secretary - SAA



Dr. R.S. MURALIDHARAN

VICE PRESIDENT - SAA



Dr. V. LAKSHMANAMOORTHY

JOINT SECRETARY - SAA



Dr. MALATHI NATARAJAN

TREASURER - SAA

Stress has always been a lurking enemy in our profession.

Doctors are seen as the ever super-strong humans who heal the rest of the world. Very few realize that DOCTORS are just as human as the rest of them, struggling with their own problems ranging from domestic, financial and social issues. Doctors are just as vulnerable as the man in the street.

Doctors have learnt to hide or mask their own issues whilst dealing with ill patients. They are expected to make critical decisions throughout their career. These issues are nothing new and has been so for many years. Recent incidences has raised the awareness of the public that doctors undergo severe stress and are just as human as anyone else.

The medical fraternity usually shies away from owning up to this difficulty in coping with stress for many reasons that we are all aware of for a long time. There may be many reasons for the increase in inability to cope with stress by doctors. These has to be explored and ways to combat the unhealthy stress has to be put in place. This will help protect the "People Protectors". Recent pandemics have shown that doctors are indeed the 3rd line of defense, after the Armed forces and Police in protecting people!

Stanley Alumni group has therefore decided to set up a service to support doctors who face these kinds of crisis in a confidential and discrete manner.

Prof Dr Selvam,
Stanley Alumni

AGENDA

Welcome Address

By **Dr. DP Prakash**

Hony.General Secretary - SAA

Presidential Address

By **Capt. Dr. G.Raghavelu**

President - SAA

Address by International Task Force Advisor

By **Dr. M.S.Karimuddin**

Vice President Indo-Saudi Medical Forum

About STANHELPCDOC

By **Prof. Dr. Selvam**

Chair Person of Task Force

Inauguration of STANHELPCDOC

Address by Chief Guest

By **Dr. Senthamil Pari**

President (Elect) IMA - TN State

Address by Special Guest of Honour

By **Prof. Dr. CMK Reddy**

President - TN Med.Practitioners Association

Vote of Thanks

By **Dr. V. Lakshmanamoorthy**

Joint Secretary - SAA

RSVP : Dr. D.P. Prakash @ 938 111 111 2